Crush on Food™

1 ½ lbs whole carrots

¾ tsp cumin

1 tbsp olive oil

Salt and pepper to taste

1. Preheat oven to 375˚.
2. Wash and peel carrots. Slice each carrot in half lengthwise.
3. Place carrots on baking sheet. Toss with olive oil, cumin, salt and pepper.
4. Roast carrots in oven for 15-20 minutes.