

Crush on Food™

-HOMEMADE CHOCOLATE PUDDING

- 1 ½ cups heavy cream
- 1 1/2 cups milk
- 5 large egg yolks
- ½ cup sugar
- 8 ounces dark chocolate (70 to 72% cacao, finely chopped)
- Whipped cream and chocolate shavings for serving
 - 1. In a medium saucepan, bring cream and milk to a simmer over low to medium heat. In a medium bowl beat egg yolks with sugar. Remove cream and milk mixture from heat and gradually whisk in egg yolk and sugar mixture.
 - 2. Place the saucepan back on low medium heat stirring frequently until custard mixture is slightly thickened and coats the back of a spoon, about five minutes.
 - 3. Place finely chopped chocolate in a large bowl. Add hot custard mixture to bowl and let sit for 2 minutes then whisk vigorously until smooth. Place a sheet of plastic wrap over the pudding and press directly onto the surface of the pudding. Refrigerate at least 6 hours or overnight. Spoon into serving bowl and serve topped with whipped cream and chocolate shavings.

