

Crush on Food™

-GREEN BEAN CASSEROLE

2 pounds green beans, trimmed

3 tbsp unsalted butter

16oz baby portabella mushrooms, cleaned with stems removed and sliced

3 cloves garlic, minced

½ tsp salt

1/4 tsp pepper

3 tbsp all-purpose flour

1 ½ cups chicken broth

¾ cup heavy cream

¾ cup milk

1 6oz can fried onions

2/3 cup fresh grated parmesan reggiano cheese

- 1. Preheat oven to 425°.
- 2. Bring 4 quarts water to boil in a large pot. Prepare a large bowl of ice water. Add ½ of beans and boil for 6 minutes. Drain beans in colander and immediately plunge into ice water. Remove from ice water and lay out on paper towel-lined baking sheet. Repeat with other half of beans.
- 3. Heat pot to medium-high heat and melt butter. Add mushrooms, garlic, ½ tsp salt and ¼ tsp pepper. Cook until mushrooms are soft, about 6 minutes. Add flour and cook for 1 minute, stirring constantly. Stir in broth and bring to simmer, continue stirring. Add cream and milk, reduce heat to medium and simmer until sauce is thickened, about 12 minutes.
- 4. Place green beans in 9x13 inch baking dish. Add sauce to dish and coat green beans, tossing as needed. Mix in half of can of fried onions and 1/3 cup cheese.
- 5. Bake for 15 minutes. Top with rest of fried onions and cheese and bake for 5 more minutes or until top is golden brown.

