

-FRESH AND FIT POTATO SALAD

DRESSING:

½ cup seasoned rice vinegar

3 tablespoons canola oil

¼ tsp salt

¼ tsp ground black pepper

SALAD:

2 lbs small red potatoes cut in wedges

1 cup chopped seedless English cucumber

1 cup grape tomatoes, halved

½ cup diced yellow bell pepper

½ cup diced orange bell pepper

¼ cup chopped green onions

1 (2 1/4 oz) can sliced black olives, drained

- 1. In large bowl mix rice vinegar, canola oil, salt and pepper. Set aside.
- 2. Put cut potatoes in large pot and cover with water to 2 inches above potatoes; bring to a boil and boil for 5-7 minutes. Potatoes should be tender but not falling apart, drain water.
- 3. Add potatoes to large bowl with dressing and toss gently.
- 4. Add cucumber and remainder of ingredients and toss well. Cover and chill prior to serving.

