



1 9oz package instant polenta

2 cups lower sodium chicken broth

1 ½ cups milk

1 cup half and half

½ tbsp butter

⅓ cup shredded parmesan reggiano

1. Bring chicken broth, milk and cream to a low boil.
2. Slowly stir in polenta, reduce heat and continue stirring for approx. 3 minutes until polenta is thickened.
3. Add butter and cheese. Season with salt and pepper as desired.

